



2020-2021

“Friday Forums”

Behavioral Health Topics
for Professionals

2:00 pm to 3:00 pm

We will apply for Counselor and Social Worker CEU's for all Presentations

All Forums will be held online. *No Registration is Required*

Online Instructions Will Be Sent Before Each Month's Presentation

October 23, 2020

*“Experiencing Adversity through COVID-19, its Effects and Building Resiliency”
-Part 1 of a 3 part Series on the Mental Health Impacts of COVID-19*

Nikki Eining, MSW, CSW-PIP, QMHP, Avera Behavioral Health-Brookings

November 20, 2020

“Emotional Intelligence and Co-Regulation and Regulation”

-Part 2 of a 3 part Series on the Mental Health Impacts of COVID-19

Nikki Eining, MSW, CSW-PIP, QMHP, Avera Behavioral Health Outpatient - Brookings

December 18, 2020

“Shame, Shame Resiliency, Grief, Radical Acceptance, and Moving Forward”

-Part 3 of a 3 part Series on the Mental Health Impacts of COVID-19

Nikki Eining, MSW, CSW-PIP, QMHP, Avera Behavioral Health-Brookings

January 22, 2021

“Sleep Disturbance in Children and Adolescence”

Dr. Ryah McKinley, Avera University Psychiatry Associates

February 19, 2021

“Vaping 101”

Dr. Ami Garrigan, Avera University Psychiatry Associates

March 19, 2021

“Trauma: How to help Children Impacted by Trauma”

Larry Ling, MSW, CSW-PIP, Avera Behavioral Health Outpatient

April 23, 2021

“Preparing for the Transition: How do we help care for our student's mental health in the summer?”

Joann Adney, CSW-PIP, Avera Behavioral Health Outpatient Services

For questions, please contact:

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